

# Everfit

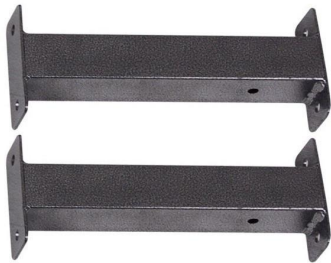
## **FIT-BENCH-FLAT**



**User Manual**

# Assembly part

① cushionx1



② Pillar supporting tubeX2



③ pedestal tubeX2

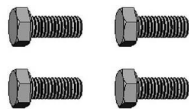


⑤ pedestal tube coverX4

④ Dumbbell TubeX2



① screw (10X20mm) X4    ② screw (10X65mm) X4    washer (10mm) X8    nut (10mm)X4



③ screw (8X120mm) X2    washer (8mm) X4    nut (8mm)X2



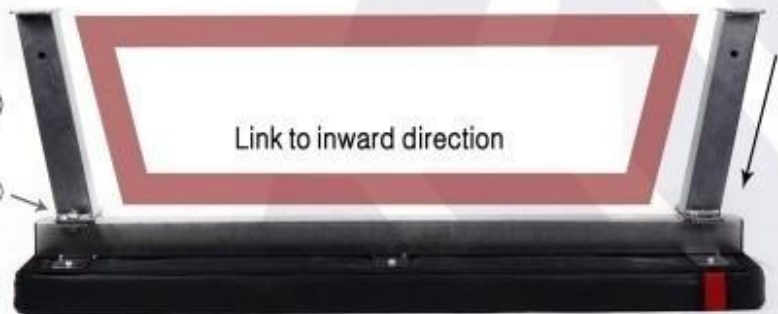
## Assemble steps

### STEP 1

Pillar support barX2 ②

screw 10X20mmX4 ①

cushionX1 ①



### STEP 2

5. pedestal tube coverX4

3. pedestal tubeX2

b. screw (10X65mm)X4  
washer 10mmX8  
nut 10mmX4



### STEP 3

4.dumbbell rack

C. screw (8X120mm)X2

washer 8mmX4

nut 8mmX2

④

